

SEA TROUT



© James Butler

- Release all finnock of 16oz/35cm/14" or less



© Ian Neale

- Release all Sea Trout of 3lb / 50cm / 20" or above



© Ian Neale

- Retain only 1 Sea Trout of takeable size per calendar day. Anglers are also encouraged to release their first fish and keep the second that is of takeable size



© James Butler



- Release all unseasonable fish (smolts, stale fish, kelts, over wintered finnock)

Record all released fish and estimate weight from length

Length		Weight	Length		Weight	Length		Weight	Length		Weight
cm	inches	lbs	cm	inches	lbs	cm	inches	lbs	cm	inches	lbs
50	19.7	3	75	29.5	10	91	35.8	18	101	39.8	25
55	21.7	4	77	30.3	11	93	36.6	19	103	40.6	26
59	23.2	5	79	31.1	12	94	37.0	20	104	40.9	27
63	24.8	6	81	31.9	13	96	37.8	21	105	41.3	28
66	26.0	7	83	32.7	14	97	38.2	22	106	41.7	29
69	27.2	8	85	33.5	15	99	39.0	23	108	42.5	30
72	28.3	9	87	34.3	16	100	39.4	24	109	42.9	31

SALMON

- Each angler must return the 1st, 3rd, 5th etc... fish caught.



© Robin Ade

- All hen salmon and hen grilse must be released.



© Robin Ade

- Throughout the season all stale or gravid fish must be released.



© Robin Ade

- Escaped farmed salmon must be retained.



© Trout and Salmon Magazine