Scottish legislation requires that all salmon caught before the 1st April must be released. In order to protect the integrity of the Spey stock and to maximise their spawning potential, the Spey Fishery Board’s policy is that all fish caught up to and including the 31st May should be released alive. From the 1st June the policy set out below will apply.

**SEA TROUT**
- Release all finnock of 16oz / 35cm / 14” or less
- Release all Sea Trout of 3lb / 50cm / 20” or above
- Retain only 1 Sea Trout of takeable size per calendar day. Anglers are also encouraged to release their first fish and keep the second that is of takeable size
- Release all stale or coloured fish
- Release all unseasonable fish (smolts, kelts, over-wintered finnock)

**SALMON**
- Each angler must return the 1st, 3rd, 5th etc... cock fish caught
- All hen salmon and hen grilse must be released
- Throughout the season all stale or unseasonable fish must be released e.g. gravid, kelts
- Escaped farmed salmon must be retained